

### Castaways Quarterly FALL 2022

# Hello There!

Guess we started a youth run quarterly newsletter!

#### by Isaac Johnson

Thank you for checking out this first issue of CQ! The students have put a ton of hard work into making it amazing! I am super proud of all of them!

Now I know exactly what you are thinking: "Wow, this is amazing! The youth are amazing! How can I support such an amazing group of youth?" Funny you should ask because I happen to have three amazing suggestions!



- 1. Pray for them. It's a crazy world they are growing up in and they can use all the prayer they can get! Pray for their schools and futures yes, but more importantly pray for their spiritual lives. Pray for their salvation and assurance, pray for consistency in spiritual disciples and obedience to God, pray for growth in their love of God and for fellow believers, and pray for boldness in living out their faith and proclaiming the gospel in a world that hates them.
- 2. Read the amazing articles in the CQ! Make sure to cast your vote for the amazing choose your own adventure story and submit questions to Ask a Gen Z! Tell a youth how amazing their article is and something amazing you learned from it!
- 3. Stop by the amazing Castaway Cafe before Sunday church service to say Hi! You are always welcome, whether you buy an amazing coffee or just stop by to tell a dad joke. There is also a prayer box if there is something in your life the youth can be praying for!

Ok that's enough "amazings" from me, go read the rest of this amazing issue! -lsaac \( \begin{align\*}{c} \end{align\*} \)

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### THIS QUARTER'S **TOP STORIES**



# Summary of Summer Topics/Lessons

### by Annabelle Johnson

Over the summer, the Youth Castaways have been studying two main topics: Church History and the Armor of God.

### **Church History**

On Sunday nights, Isaac has been leading the Castaways through a video series which chronicles early church history. We've learned about how early Christians eventually made clear that they were a different religious sect from Judaism, and we've watched the waves of how Christianity was received throughout the changing decades in Rome: from being respected, to persecuted, to even becoming the preferred religion.

We learned about many early Christians, such as Blandina, Perpetua, Augustine of Hippo, and Athenasus (who was not a sorcerer responsible for killing a three-handed monster). We also covered many of the heresies that popped up in the early years of Christianity, and discussed the importance and necessity of the theological debates which took place in the Council of Nicaea, the Council of Constantinople, the Council of Ephesus, and the Council of Chalcedon (basically, when an important theological question about Jesus came up, our early Christian fathers held a council about it. They all managed to reach a conclusion without throwing fists around—for the most part. I'm lookin' at you, Saint Nick).

### The Nicene Creed

The "Symbol of the Faith" from the Council of Constantinople (AD 381), based on the Creed of Nicaea (AD 325)

"We believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible."

"We believe in one Lord. Jesus Christ the One and Only Son of God, begotten of the Father before all ages, light of light, very God of very God, begotten not created. being of the same essence with the Father: by him all things were made; he for us men and for our salvation came down; he was incarnate by the Holy Spirit of the Virgin Mary; he was made man; he was crucified for us under Pontius Pilate; he suffered death and was buried: the third day he rose again according to the Scriptures, ascended into heaven, and sits at the Father's right hand; from there, he will return in glory to judge the living and the dead; his kingdom will have no end.'

"We believe in the Holy Spirit,
the Lord and Giver of life,
who proceeds from the Father,
who together with the Father and the Son is worshiped and glorified,
who spoke by the prophets, and in one, holy, catholic, apostolic Church;
we acknowledge one baptism unto remission of sins;
we look for the resurrection of the dead
and the life of the world to come."

The Castaway youth discussed how Christians today should be living in the face of modern culture, and how Christians should respond when adversity and persecution greets us. We've often broken into smaller groups to perform exercises, such as studying Matthew 16:24 among ourselves, then working to create a two-minute lesson on the passage's meaning, in order to present it in front of the other groups.

One Sunday night in August, we learned about the Nicene Creed and discussed how the prayers of Christians today are often just asking God for things, with almost no focus on praising Him. Then, the Castaways broke into four groups and were tasked with using one part of the Nicene Creed as inspiration to write our own prayers or psalms of praise to God. The following are the prayers that each group wrote (feel free to ask your Castaway which group they were part of!):

### **Group One:**

Lord Jesus, one and only Son of God, Our creator and redeemer, We can not fathom your boundless sacrifice for us, Not created but part of the trinity,, Our majestic ever present King, Your reign will echo forever and ever, Your kingdom will never end Despite your mortal condition, you are without sin, Dying an unjust death for us on the cross, Yet darkness could not hold you, And you rose from the grave three days later, Like sunlight bursting through a curtain of clouds, Completely undefeated

We love you Jesus, our Perfect Lamb.

#### **Group Three:**

Dear God, thank you for making Heaven, as well as the earth. Thank you for things we can see, like frogs, and thank you for things we can't see, but can still enjoy, such as the frog's ribbit. Thank you for the wind, which we don't see, but still embrace. Thank you for creating our thoughts, emotions, ideas, logic, and our ability to use these things to glorify you. Thank you for our senses, so we can worship you for the things we see, as well as the things we don't. Amen.

#### **Group Two:**

We trust and believe in you, Holy Spirit our Lord,

The fountain of our life and our heart. We praise and worship the trinity.

The Mountains declare your Glory. We humbly invite you into our hearts,

Looking forward to the resurrection of the dead, and the world to come.

#### **Group Four:**

Dear God, thank you for all the things you have done for me that I can see and the things I can't see.

For nourishing the earth that provides for me,For nourishing my spirit that uplifts me

Remind me to pray each and every day, You've given us an earthly father for guidance

And you, our Father in Heaven, guides us in every way

We read our prayers and psalms at the end of our prayer time together that night.

#### **Armor of God**

Throughout this past summer, Kodi has been leading an Armor of God study over Discord on Tuesday nights.

The main passage of scripture studied was Ephesians 6:10–20. The study began with an overview of Ephesians as a whole and the context of the passages leading up to Ephesians 6. Kodi then broke down each chunk of the passage bit by bit, teaching insightful lessons that included historical background, reference scripture, and discussions on practical, modern-day application. Each night always ended with some form of optional homework for the Castaways to do over the week, in order to provide opportunities to practice what we've learned.

# **Summary of Summer Activities**

by Annabelle Johnson



The Youth Castaways have enjoyed a lot of activities over the last few months!

First, we started the summer off strong by participating in the "Walk for Life" fundraiser hosted by New Life Family Services, a pro-life organization dedicated to helping families with children (both born and unborn). We raised \$1,840 and joined their big charity walk on June 11.

We also crashed the backyards of both the Goshaw and Hermann families; we sat

around a bonfire at one, jumped into a pool at the other, and thoroughly cleaned out both events of the provided food. Isaac only had to exclaim, "This is why we can't go to nice places!" once.











Isaac and Amanda continued to host High Schooler Movie Night in their home on the first Friday of every month.

We were treated to two plays: Miles Distad nailed his performance as a raucous pirate in his school's production of The Pirates of Penzance, and Lola Hermann starred as the lead role, Mowgli, in an open-air theater performance of The Jungle Book.





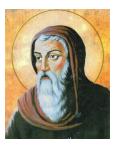
Two of our Youth Castaways leaders were married on August 5th! The Castaways loved celebrating Conner and Meredith Distad's wedding with them. We cried, ate a ton of buntletts, and shredded up the dance floor. We're truly grateful to have witnessed their union and partied with the happy couple. **1** 



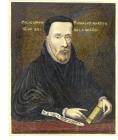


# The Importance of Church History

by Jacob Jankowski









Athanasius. Constantine. William Tyndale. John Wesley. Thomas Aquinas. Some of these names may be familiar to you, and some of them may be a total mystery, but all of these figures share one thing in common. They were all integral to the growth of the church, and some of the writing they created still inspire aspects of the way we worship today. Contrary to popular belief, church history is much more than just a single niche aspect of our view of the past. One can even justify looking through all of humanity's past through that lens, and given the fact that even secular colleges and universities teach classes on it, us Christians aren't the only one's interested in this information.

So why is this even important? Why should we, in our modern age of fancy projectors and air conditioning, even

care about a bunch of old pastors? Can't we just leave the past in the past? While I admittedly love nearly all of the advances of our current technology, (with AC being, in my personal opinion, divinely inspired.), I couldn't disagree more with that point of view. There are many reasons to learn about our predecessors, but the most important one is that we all serve the same God. It's so easy to get caught up in the tide of new ideas, new philosophies and cultural shifts and we forget why we are a church. God is the same yesterday, today, and forever, and it is just as important to see the revelations of the people from yesteryear had to say about Jesus as it is to hear the newest sermons.

Secondly, the old adage "People who do not learn from history are doomed to repeat it." still rings true to this day. The church is made of people, and people are fundamentally flawed. So as a result, people have done, and in some places still do, horrible things in the name of our God. The genocide that was the Crusades is our most common example, but the church has made many mistakes, from staying silent when Hitler raged across Europe, to using their considerable influence for material gain, and spreading false doctrine to give them leaders of the church power, instead of teaching what the word of God actually says. We study church history to realize why those men of God fell, and we use that information to steer as far away from that course of action as possible.

Finally, why it is so important for us to learn about the origins of our fellowship is that we realize that we are being watched, and what the church does is being recorded into the annals of history by everyone.

Hebrews 12:1-2 says *Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles.*And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. (NIV)

Also, the previous verses tell stories about heroes of the faith and what they sacrificed (Hebrews 11:32-40) for Christ. What this means is that as Christians, it is our responsibility to burn a legacy of holiness, kindness, and a true representation of Christ across every era, every historical period, so that no one can ever say that we were lying about our faith in any aspect, and that the great champions for Christ can testify for us before God. So do yourself a favor. Grab a book on church history. Throw on a podcast about every once in a while. I promise, you will not waste your time.

### Blandina

by Kayleigh Kochendorfer

Blandina is a Christian martyr who died when she was only 15 years old in the year 177 AD. She lived during the reign of Marcus Aurelius and she was a slave for a Christian master.

During the time of her enslavement, she gave her life to Christ and became a Christian. It was at that time that Christian Persecution started gaining in amount and severity, and as she would not renounce her faith, she got the worst of the punishments.



She was also not a Roman citizen and so she wasn't beheaded but brutally tortured. She was first bound to a stake and wild beasts were set on her, but according to legend they did not touch her. She was also the last of her group to be killed and they made her and one other Christian slave watch the brutal murders of their companions. When she was finally brought into the arena to be killed, she was first scourged, then violently mauled by a bull and then they finally ended her life by slaying her with a dagger. She is now kind of a saint in the Catholic church and there is a feast dedicated to her on June 2.

## **Be Thou My Vision**

by Kayleigh Kochendorfer



The story behind the world-renowned hymn "Be Thou My Vision" is one of coming to Christ, honoring God with everything within us, and praising Him who made us. In 401 AD, who we now know as St. Patrick was kidnapped by Irish pirates at the age of 16 and taken from England.

While he was in bondage, he became a Christian. He was able to find a way to escape Ireland and went back to England, but he soon returned to Ireland to be a missionary to the same people who enslaved him years earlier. In 433 AD, the pagan king of the area issued a decree to recognize the pagan Druid festival that prohibited anyone from lighting a flame or candle. Patrick refused to honor anyone but God, and so on Easter morning he climbed the tallest hill in the region and lit a HUGE fire and risked his life at the same time.

As the people in the town began to wake up, they could all see Patrick's defiance of the king. Patrick could not hide the light of Christ and he would not. Patrick wanted to show the world that God's light shines in the darkness and that only He deserves praise. Years later, an unknown composer wrote a melody in honor of Patrick's heroism and he called it "Slane". Sadly the story behind the lyrics is more obscure, so most of the time, hymnals attribute it to "Anonymous". Some tradition tells us that an Irish poet in the 6th century named St. Dallan Forgaill wrote a Gaelic poem entitled "Rop tú mo Baile". Sadly for us, the oldest existing copy is from the 14th century. Now I'm guessing you're wondering how the song was discovered.

Well in 1905, a university student, Mary Byrne, found the poem and for the first time ever translated it into English. In 1912, an Irish woman by the name of Eleanor Hull set the poem to music and the melody that she chose was none other than the melody "Slane", that was written almost 1500 years before. The song became famous overnight and in 1919, it made its way into its very first hymnal.

### Santa Vs. Heretic. Who Would Win?

by Miles Distad



The 1st Council of Nicaea was held in AD 325, under the Roman Emperor Constantine to discuss Arianism, a heresy which claimed that Jesus was created, and not divine. You may know that. But I bet you DIDN'T KNOW that Jolly Old St. Nick himself was there. And slapped a singing pastor. Across the face. Ouch. But ANOTHER thing you might not know was that that very pastor was the leader of Arianism, Arius himself. Here's the story:

Nick was sitting there, minding his own business, when ALL OF A SUDDEN, Arius started singing. He was singing because a). His message of Arianism would be easier to remember as a song, and b). People thought "Oh Arius can sing! He must be a cool person!" Now, Nick, on the other hand, didn't like Arius' music, so he got up, walked over to Arius, and... SLAPPED HIM! So, yeah, there you go. You now know more about church history.

## The Breastplate of Righteousness

by Annabelle Johnson

I, personally, have been immensely enjoying and benefiting from Kodi's "Armor of God" study on Tuesday nights. Each of the lessons have impacted me differently, but in this article, I'm going to discuss one particular piece of armor that we covered: the breastplate of

righteousness.



The breastplate is found in Ephesians 6:14-15, sandwiched right between the belt of truth and the shoes of readiness:

Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace.

(ESV)

First, Kodi pointed out that this "breastplate of righteousness" could not just be some lofty state obtained by us continuously doing good deeds: "We have all become like one who is unclean, and all our righteous deeds are like a

polluted garment. We all fade like a leaf, and our iniquities, like the wind, take us away." Isaiah 64:6 (ESV). We can do nothing to make ourselves righteous in God's eyes--even our best deeds are like a nasty, dirty garment to Him, so steeped are we in sin.

Then, Kodi also explained to us that this righteousness could not be the imputed righteousness given to us by Jesus when we're saved (Romans 5:6-11), because that righteousness is not something we can "put on". 2 Corinthians 5:21 says, "For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God." (ESV). Jesus is the One who gives us that righteousness of His own accord; there's nothing we can do to take it up and put it on ourselves.

So then, exactly what kind of righteousness is this breastplate supposed to consist of? Kodi moved on to teach that Paul was referring to the small, daily acts of righteousness and obedience that we perform every single day, by God's help. Among Scripture passages such as Ephesians 4:24-27, Colossians 3:12-14, 1 Peter 2:11, and 2 Corinthians 2:5, Kodi shared Romans 13:12-14, which I decided to memorize as my homework for that week:

The night is far gone; the day is at hand. So then let us cast off the works of darkness and put on the armor of light. Let us walk properly as in the daytime, not in orgies and drunkenness, not in sexual immorality and sensuality, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

(ESV)

God used this lesson to inspire me, and I can honestly say that I've thought about the breastplate of righteousness every single day since Kodi first taught about it.

When I'm stressed and, instead of turning to God, I remember Romans 13:12-14 and the breastplate of righteousness. I realize, I must put on the breastplate of righteousness now, by simply not sinning in this moment; please help me, God.

When I know I should help someone, but just don't want to, I remember Romans 13:12-14 and the breastplate of righteousness. I must put on the breastplate of righteousness now, by simply, in this moment, doing what God has commanded in His Word. Please help me, God.

God has convicted me to daily cast off the works of darkness and put on the armor of light. I am weak, and fail sickeningly often, but God is gracious and assists me in performing His commands. This is something I hope to meditate on and fight for every individual day for the rest of my life.

Please God, help me to put on the breastplate of righteousness in the simple moments as they come. By Your grace, I want to walk as in the daytime.

# Walk for Life & Trivia Night Fundraiser

by Amanda Johnson

In early Spring, we decided to participate in the annual Walk for Life Fundraiser that is hosted by New Life Family Services. Each student made personal goals and asked friends, family and peers to donate money to help struggling new mothers with their pregnancies and newborn babies! We collectively brought in \$1,840.00!!! A huge thank you, again, to those who donated!









In June, we hosted a Trivia Night/Bake Sale/Art Sale Fundraiser that was completely run by the youth! Annabelle took charge and with the help of her fellow students, we had a super fun event that several people have asked when we will host another! Below are a couple testimonials of those that participated:

"Trivia Night at ChristLife was challenging yet thoroughly enjoyable! The scoring was thought out and executed well. Serving desserts between rounds helped to keep the contest moving. The questions covered a good variety of topics to give everyone a chance to participate and help their team. The best part of all was the proceeds went to help New Life Family Services! I would definitely attend another Trivia Night fundraiser to support a worthwhile charity or need and bring my vast wealth of knowledge to the event!"

-Scott Johnson

"The Castaways Trivia Night was great fun! Each table was a team to guess the answers. Desserts were offered between rounds. It was enjoyable interacting with the youth on our team while enjoying delicious delicacies! The best part was, our team won! GO SAMS CLUB! I hope it becomes an annual event!"

-Tim & Shirley Roehl



The day after the Trivia Night fundraiser, we traveled to Normandale Lake Park to walk 2.1 miles for Life! New Life Family Services had fun stations to participate around the lake. They also had food trucks, a petting zoo and a small temporary tattoo station! Everyone who participated received a bright blue Walk For Life t-shirt. I believe this was one of my personal favorite events we participated in, and might do it again in the future.

## **Connor & Meredith Love Story <3**

by Connor & Meredith Distad

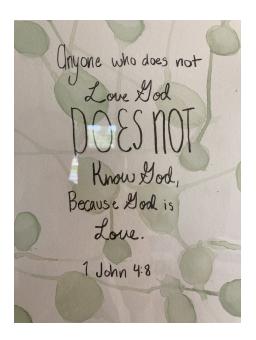
In the summer of 2019, two teenage Chick-fil-A employees fell in love. That summer, Connor and Merideth went to many coffee shops and outdoor places and began to get to know each other, and the rest is history! Connor and Merideth continued dating through the end of high school and into college while they worked together at Chick-fil-A Northtown, and in their sophomore year of college at the University of Northwestern - St. Paul Connor got down on one knee and asked Merideth to marry him (over a cup of coffee, of course!) on the steps of the Island Chapel at UNW. She said yes, and on August 5th, 2022 they tied the knot and became Mr. and Mrs. Distad. Their favorite part of the wedding day was the ceremony where they became husband and wife in front of all of their loved ones. They also enjoyed seeing the Castaways tearing up the dance floor at the reception!





## **Art Submissions!**

### by Clara Hermann





## **Memes**

### by Iris Distad







## THE TIMEQUAKE ISSUE NO.1

An original choose your own adventure...

#### by Jacob Jankowski

You're inside your house, getting ready to go to church, when suddenly, everything starts shaking all around you. Strange colors surround you, and as you reach out to steady yourself on a table, its legs start moving on their own, nearly knocking you to the ground as it scrambles away. You wobble your way to the front door, opening it as the earth writhes beneath your feet, trying to find out what in the world is going on.

You blink a couple of times, simply trying to absorb everything you see. Some sort of portal seems to be open in the middle of the street, with people running around in a panic, screaming. The inside of the portal captivates you, with stars swirling around in mesmerizing patterns, yet the spectacle doesn't distract you from the actual dinosaur stomping down the road. The red Tyrannosaurus roars and starts heading straight towards you!

You hear a car behind you, and a dozen military-looking agents pile out, and start setting up a barricade about 10 feet behind you. Just as you notice the stylized hourglass logos on the team's uniforms, you feel a predatory gaze on you. Shaking in terror, your vision looks straight down the maw of the dinosaur. But right before it snaps you up, the air around you ripples and the teeth stop just a few inches from your face. A slender figure, cloaked in purple, beckons you, asking you to take their hand. What do you do?

- [A] Follow the figure.
- [B] Run towards the agents.

Vote at <a href="https://www.christlifechurch.com/youthcastaways">www.christlifechurch.com/youthcastaways</a>

[Hey guys, Jake here. I hope you read this little old thing I came up with, and I hope you enjoy both the text, and voting to see what happens next.:)]

## Fred and "MY LEG!"

by Iris Distad

Fred was a normal fish living in Bikini Bottom. He had everything he could possibly need: a house, money, food, a job, and more. One day, he decided to head over to the Krusty Krab for a nice, hot, juicy Krabby Patty.

"Hey Fred! Heading to the Krusty Krab?" A tiny voice called.

Fred looked everywhere, but he decided it was nothing and continued walking.

"Ow! Ow! OW!" There was the tiny voice again! Fred looked down and saw Plankton!

"Sorry, Plankton. I didn't see you there." Fred apologized with a smile.

"Stupid fish." Plankton muttered. "I mean! Why the Krusty Krab? Why not a nice Chumy Patty at the Chum Bucket?"

"Um..." Fred looked queasy. "No thanks. After last time..." He shuddered and had a flashback:

Fred had been walking home when Plankton lured him in. He had tried a Chumy Patty and was in the hospital for one week.

Still shaken from the flashback, Fred continued walking to the Krusty Krab, ignoring Plankton.

Finally! Fred had reached the Krusty Krab. And his stomach was *dying* for a juicy, hot, *Krabby Patty*. Inside, Spongebob was trying to squirt mustard onto a patty, but when Fred stepped inside, Spongebob misfired, and it went right where Fred was stepping! Fred zoomed across the restaurant, not able to stop, until finally, the mustard had run out.

"Phew!" Fred said, but he spoke too soon. He slipped and fell.

"My leg!!!"

To be continued... **%** 

# **Riddles**

### by Jacob Jankowski

1: "I have keys but no locks. You can enter, but you can't go outside. I have space but no room. What am I?"

### by Amanda Johnson

2: "What belongs to you but other people use it more than you?"

3: "What is 3/7 chicken, 2/3 cat and 2/4 goat?" **%** 











## **Yummy Recipes**

### by Kodi Johnson

### Garden Harvest Ratatouille

#### Serves 8

#### Veggies:

2 Eggplants

6 Roma tomatoes

2 Yellow Squashes

2 Zucchinis

#### Herb Seasoning:

2 Tbs chopped fresh basil, from 8-10 leaves

1 tsp garlic, minced

2 Tbs chopped fresh parsley

2 Tbs fresh thyme

Salt, to taste

Pepper, to taste

4 Tbs olive oil

#### Sauce:

2 Tbs olive oil

1 Onion, diced

4 Cloves garlic, minced

1 Red bell pepper, diced

1 Yellow bell pepper, diced

Salt, to taste

Pepper, to taste

28 oz can of crushed tomatoes

2 Tbs chopped fresh basil, from 8-10 leaves

### **Preparation:**

- 1. Preheat oven to 375 F
- 2. Slice the eggplant, tomatoes, squash, and zucchini into approx. 1/16 inch (1 mm) rounds, then set aside.
- 3. Make the sauce: Heat the olive oil in a 12-inch oven-safe pan over medium-high heat. Saute the onion, garlic, and bell peppers until soft, about 10 minutes. Season with salt and pepper, then add the crushed
  - tomatoes. Stir until the ingredients are fully incorporated. Remove from heat, then add the basil. Stir once more, then smooth the surface of the sauce with a spatula.
- 4. Arrange the sliced veggies in alternating patterns (e.g. eggplant, tomato, squash, zucchini) on top of the sauce from the outer edge to the middle of the pan. Season with salt and pepper.
- 5. Make the herb seasoning: In a small bowl, mix together the basil, garlic, parsley, thyme, salt, pepper, and olive oil. Spoon the herb seasoning over the vegetables.
- 6. Cover the pan with foil and bake for 40 minutes. Uncover, then bake for another 20 minutes, until the vegetables are softened.



Tip: Not traditional, but great with shredded mozzarella sprinkled on top before serving! Y

### by Kodi Johnson

## Pumpkin-Pecan Cake

**Serves 16-20** 

#### **Crust:**

2 cups crushed vanilla wafers (about 50)

1 cup chopped pecans

3/4 cup butter or margarine, softened

#### Cake:

1 box spice cake mix

1 can (16 oz) solid-pack pumpkin

1/4 cup butter or margarine, softened

4 eggs

### **Filling/Topping:**

<sup>2</sup>/<sub>3</sub> cup butter or margarine, softened

1 package (3 oz) cream cheese, softened

3 cups confectioners' sugar

2 Tbs vanilla extract

½ cup caramel ice cream topping

### **Preparation:**

- In a mixing bowl on medium speed, beat the wafers, pecans and butter until crumbly, about 1 minute.
   Press into three greased and floured 9-inch round cake pans.
- In another mixing bowl, beat cake mix, pumpkin, butter and eggs for 3 minutes. Spread over the crust in each pan. Bake at 350 F for 30 minutes or until a wooden pick inserted near the center comes out clean. Cool in pans for 10 minutes; remove to wire racks and cool completely.
- 3. For filling, combine butter and cream cheese in a small mixing bowl. Add sugar and vanilla; beat on medium until light and fluffy, about 3 minutes.
- 4. Thinly spread filling between layers (crumb side down) and on the sides of the cake. Spread caramel topping over top of cake, allowing some to drip down the sides. Store in the refrigerator.

Tip: The original recipe does not frost the top of the cake. Make  $1\frac{1}{2}$  to 2 times frosting for complete cake coverage.



# Castaway Café

by Amanda Johnson



November marks the 1 year anniversary of Castaway Café! Happy Birthday! To celebrate we will be selling cake balls, because who wants a birthday without cake?! Stop by the café the first Sunday in November for a yummy cake ball made by our lovely students! As an extra thank you for your support over the last year, stop by any Sunday in November to enter for a prize drawing! (one entry per person, no purchase required, adults only!)

NEW FLAVOR: PUMPKIN PIE LATTE 1/2

### Ask a Gen Z

by Annabelle & Amanda Johnson

Need some fashion advice? Having trouble figuring out what birthday present to buy for your grandkid? Are you curious about a teenager's perspective on a particular Bible passage? Do you ever wonder things about this strange, young, "Gen Z" generation? Do you find yourself asking questions such as:

- What does "yeet" actually mean?
- What are the best and hardest parts about being a teenager today?
- And why does my teen keep yelling, "Check the angular vector of the moon"?

Welcome to the "Ask Gen Z" section! Send in any question you have to mandarkhahaha@yahoo.com, or fill out the form at www.christlifechurch.com/youthcastaways, and one or more real teenagers will answer your question in a future issue!

### THANK YOU!

by Amanda Johnson

Thank you for taking the time to read our first issue of Castaway Quarterly! This was so much fun to put together and the youth jumped at the opportunity to include articles of things they have learned and art they have created! The goal is to produce issues quarterly and help you, as our reader, to see into the minds of our upcoming leaders!

All past issues will be available to read at: <a href="www.christlifechurch.com/youthcastaways">www.christlifechurch.com/youthcastaways</a>
If you want to send in a question for the Ask a Gen Z section, there is a form you can fill out at the bottom of the castaways page on the website!

Thanks and Love,
Youth Castaways <3 1/2

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Riddle Answers (page 17) 1: A computer keyboard, 2: Your name, 3: Chicago



**Youth Castaways** 

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